

# How to use your ALX

A step-by-step guide on using the ALX for users with below-elbow or through-wrist limb differences or amputations.

Let's get started!
How to use your ALX

This guide is here to help you get started with your Koalaa sleeve, so you can feel confident using it daily or for the activities you enjoy. Inside, you'll find simple, step-by-step instructions on how to put on your ALX, how to use and swap out the tools, and how to make small adjustments for your comfort.



## Need help? Your limb buddy is here for you!

At Koalaa, there's no need for formal appointments or long waits, our limb buddies are always here and ready to help. Whether you need advice, support, or just a friendly chat, you can reach out anytime.

We're here to help with things like tool swaps, returns, or if something just doesn't feel quite right, just get in touch!







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@KoalaaCommunity

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#### We're with you every step of the way!

From the moment you receive your ALX, our team is here to support you on your journey. Whether you're getting to know your new tool, learning how to use it in daily life, or adapting to something new, we're always here to help. As you grow in confidence and begin exploring more activities, Koalaa will continue to support you, offering guidance, new options, and helping you discover our full range of tools and sleeves.

**Natalie** 

**ALX** wearer



#### Scan Me!

Scan the QR code to access helpful how-to videos for your ALX and other useful links!

#### How to put on your ALX and adjust for the right fit



Unbox your ALX. Inside you'll find your ALX, tools, and spare inner foam



Undo the top straps and slide your arm into the sleeve



Secure the straps around your upper arm and tighten until it feels comfortable



Line up your arms to check the sleeve is the right length for you



If it feels too tight or too roomy, you can add or remove the foam cylinders inside



For extra comfort, try adding extra softer foams

#### **Adjusting the ALX support straps**



You can adjust the tightness of the sleeve using the support straps



Add as many as you like, in whatever position works for you



Separate the Velcro from the support strap and trim if required



If you have a shorter limb, cross one strap over the top section



Then add another going the opposite way for extra hold



This helps keep you secure and locked in

#### **Adding your ALX tools**



Now it's time to add your tool! Simply push it into the dock



The tool will rotate so you can set it to whatever position you need



Push the button up to lock it into place, making sure the lines on the tool and dock line up



Press the button down to release the tool



Swap in and out any of our different tools from the range



Each is designed for a different activity, so you can easily clip in and go!

#### How to use the

## **Amy Tool**











Max 0.5 kg 11bs









## **Rushton Tool**













#### How to use the

## **Janet Tool**











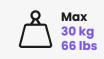






## **Kitty Tool**

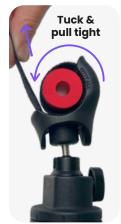
















#### How to use the

## **Sarah Tool**











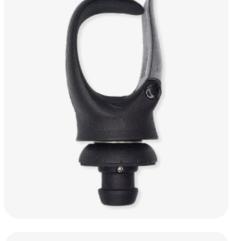




## Sarah<sup>Pro</sup> Tool















## How to use the

## **Nicole Tool**























## **Nicole**Pro Tool













How to use the

## **Grace Tool**











## **Joanie Tool**

















#### How to use the functional

## **Cosmetic Hand**











Max 0.5 kg 1 lbs











# How to care for your ALX

To keep your ALX in great condition and working at its best, a little care goes a long way. Below are some top tips to help you keep it clean, comfortable, and ready for whatever you've got planned.



Ensure the ALX is **comfortable** and not too tight on your arm. If the sleeve leaves marks on your skin that don't fade within 20 minutes, it's too tight and should be loosened.



Make sure the ALX is positioned correctly, with the tool release button facing  ${\bf upwards.}$ 



Make sure all digits are **clear** of the dock when attaching tools to the ALX.



Regularly **clean** your ALX and tools by wiping away any excess dirt with a damp cloth.



To **wash** your ALX, remove the tool and inner foam, then place it in your regular wash at **30°C (86°F)**. Be sure to put it in a pillowcase or laundry bag to prevent damage to other items in the machine.



To extend the life of the ALX and tools, store them in a **cool, dry place** when not in use.

